



Bowman's Hill Wildflower Preserve

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Native Plants to Attract Butterflies and Moths

To attract butterflies and moths, their night-flying counterparts, to your garden include the plants that they use for food and shelter. Flowers provide adults with nectar in exchange for essential pollination services. Plants also act as 'hosts' by providing a place for adults to lay eggs and a ready-made food source (leaves) for developing caterpillars. Many butterflies and moths use only one – or very few – species as a host (e.g., Monarchs and milkweeds). So don't panic if you see a few chewed leaves – it's a sure sign that you have given butterflies and moths food and a home from egg to adult.

<u>Botanical Name</u>	<u>Common name</u>	<u>Height</u>	<u>Color</u>	<u>Nectar</u>	<u>Host</u>
<u>Herbaceous perennials</u>					
<i>Agastache</i> spp.	Giant-hyssop	2' - 5'	blue, purple	X	
<i>Asclepias incarnata</i>	Swamp milkweed	2' - 4'	pink	X	Monarch
<i>Asclepias syriaca</i>	Common milkweed	2' - 3'	white	X	Monarch
<i>Asclepias tuberosa</i>	Butterflyweed	1' - 3'	orange	X	Monarch, Milkweed Tussock Moth
<i>Aster</i> spp.	Aster	1' - 5'	white, blue, pink	X	Pearl Crescent, Field Crescent
<i>Baptisia australis</i>	Blue false-indigo	3' - 4'	blue		Wild Indigo Dusky Wing
<i>Chelone</i> spp.	Turtlehead	1' - 3'	white, pink	X	Baltimore Checkerspot
<i>Coreopsis</i> spp.	Tickseed	2' - 5'	yellow	X	
<i>Echinacea purpurea</i>	Purple coneflower	2' - 3'	purple	X	
<i>Eupatorium</i> spp.	Joe-pye-weed, Boneset	3' - 7'	varies	X	
<i>Helenium autumnale</i>	Sneezeweed	2' - 6'	yellow	X	
<i>Helianthus</i> spp.	Sunflower	4' - 8'	yellow	X	
<i>Heliopsis helianthoides</i>	False sunflower	2' - 5'	yellow	X	
<i>Liatris</i> spp.	Blazing-star	3' - 4'	purple	X	
<i>Lilium</i> spp.	Lily	2' - 5'	yellow to red	X	
<i>Lobelia cardinalis</i>	Cardinal flower	3'	scarlet	X	
<i>Marshallia grandiflora</i>	Barbara's-buttons	2'	pink	X	
<i>Monarda</i> spp.	Bee-balm, Bergamot	2' - 4'	varies	X	
<i>Phlox</i> spp.	Phlox	2' - 4'	white, pink, purple	X	
<i>Pycnanthemum</i> spp.	Mountain-mint	1' - 3'	white	X	
<i>Rudbeckia</i> spp.	Coneflower	2' - 5'	yellow, orange	X	
<i>Senecio aureus</i>	Golden ragwort	1' - 3'	yellow	X	
<i>Silene virginica</i>	Fire-pink	1' - 3'	scarlet	X	
<i>Solidago</i> spp.	Goldenrod	2' - 6'	yellow	X	
<i>Vernonia</i> spp.	Ironweed	4' - 6'	purple	X	
<i>Zizia</i> spp.	Alexanders	1' - 3'	yellow	X	
<u>Trees, Shrubs and Vines</u>					
<i>Aristolochia macrophylla</i>	Dutchman's pipe	vine	white		Pipevine Swallowtail
<i>Asimina triloba</i>	Pawpaw	to 25'	purple	X	Zebra Swallowtail
<i>Cornus</i> spp.	Dogwood	to 20'	white	X	Spring Azure
<i>Lindera benzoin</i>	Spicebush	6' - 12'	yellow	X	Spicebush Swallowtail
<i>Lonicera sempervirens</i>	Trumpet honeysuckle	vine	orange-red	X	
<i>Rhododendron calendulaceum</i>	Flame azalea	6' - 10'	orange	X	Striped Hairstreak, Major Datana
<i>Rhododendron</i> spp.	Azaleas	to 12'	white, pink, lilac	X	Major Datana
<i>Sassafras albidum</i>	Sassafras	20' - 40'	yellow	X	Spicebush Swallowtail, Cecropia Moth, Promethia Moth
<i>Wisteria frutescens</i>	American wisteria	vine	purple, white	X	Long-tailed Skipper